

房颤

引起房颤的病因有很多种。这里我们讲一种临床上较难的病症，房颤和肾病相结合，导致尿很少，心跳 30-40 次/分钟。病人情况异常危机。

西方医学会集中治疗心脏问题，这直接导致肾的问题会越来越严重，最后病人根本无法尿出。

药方：

知母：0.5 克
平贝母：0.5 克
桂枝：0.4 克
带芯莲子：0.4 克
黄芪：0.3 克
黑枸杞：0.4 克
黑豆：0.4 克



以上是食用一次的药材粉末药量，如果是汤剂则药量乘以 10。但为了节约药材且保证疗效，建议用药材粉末。

每日食用 1-2 次，15 天见效。（因人而异）

Atrial Fibrillation Treatment Formula

There are many causes of atrial fibrillation. Here, we focus on a clinically challenging condition: atrial fibrillation combined with kidney disease, which leads to oliguria (very little urine output) and a slow heart rate of 30 – 40 beats per minute. This condition is extremely critical for the patient.

Western medicine often focuses on treating heart-related issues, which may directly worsen kidney problems, eventually leading to anuria (complete inability to urinate).

【Powder Dosage (Single Serving)】

- Anemarrhena asphodeloides (Zhimu): 0.5 gram
- Fritillaria cirrhosa (Ping Beimu): 0.5 gram
- Cinnamomum cassia (Guizhi): 0.4 gram

- Lotus seeds with core: 0.4 gram
- Astragalus membranaceus (Huangqi): 0.3 gram
- Black wolfberry: 0.4 gram
- Black soybeans: 0.4 gram

【Decoction Dosage (Single Serving)】

Multiply the powder dosage by 10. However, using medicinal powder is recommended to save herbal materials while ensuring efficacy.

【Administration & Onset of Effect】

- Take 1 – 2 times a day.
- Effects may be observed within 15 days (effects vary from person to person).

Urgent Reminder

A condition involving atrial fibrillation (heart rate 30 – 40 bpm, a life-threateningly slow rate) combined with oliguria indicates severe dysfunction of both the cardiovascular and renal systems. This is a critical medical emergency that requires immediate monitoring and treatment in a formal hospital (e.g., correcting bradycardia to prevent cardiac arrest, managing renal function to avoid acute renal failure).

This formula is for reference only and must not replace emergency medical intervention. Please consult a professional physician promptly to ensure the patient's life safety.