

肝腹水：

肝脏是调节人体血液循环、代谢和体液平衡的关键器官。肝脏因肝硬化（如乙肝/丙肝、酒精性肝病引发）、重症肝炎、肝癌等严重受损时诱发腹水。

西方医学用大量的药物控制肝腹水，但药物不仅对人体造成极大的伤害，对肝腹水问题不能得到良好的应对。可以尝试以下方式能够缓解肝腹水问题。

紫苏子的油：少许

鸡蛋：一个

用紫苏子的油小火煎鸡蛋，让鸡蛋充分和紫苏子油接触，鸡蛋一定不要煎熟，轻微煎一下即可，鸡蛋保持很嫩的状态，带着糖心。要趁热吃煎好的鸡蛋。

15 天为一个疗程，见效快。（因人而异）

Liver Ascites Relief Formula

The liver is a vital organ that regulates human blood circulation, metabolism, and fluid balance. Hepatic ascites is induced when the liver is severely damaged by conditions such as liver cirrhosis (caused by hepatitis B/C, alcoholic liver disease, etc.), severe hepatitis, or liver cancer.

Western medicine typically uses a large number of drugs to control hepatic ascites. However, these drugs not only cause significant harm to the human body but also fail to effectively address the problem of hepatic ascites. You may try the following method to relieve hepatic ascites symptoms.

【Ingredients (Single Serving)】

- Perilla seed oil: A small amount
- Egg: 1 piece

【Preparation Method】

1. Heat the perilla seed oil in a pan over low heat.
2. Crack the egg into the pan and fry it gently, ensuring the egg is fully in contact with the oil.

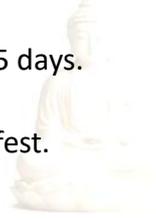
3. Do not fully cook the egg—only fry it lightly until it remains tender with a runny yolk.

4. Eat the fried egg while it is still hot.

【Course of Treatment & Onset of Effect】

- A treatment course lasts 15 days.
- The effect is quick to manifest.

(it varies from person to person).



The Herbal Order