

## COVID-19 Detoxification and Health-Strengthening Formula

### ( COVID-19 Treatment Formula )

【Prescription】 Dosage for one person per day:

Belamcanda chinensis: 9 grams;  
Scutellaria baicalensis: 9 grams;  
Fritillaria cirrhosa: 9 grams;  
Anemarrhena asphodeloides: 6 grams;  
Ephedra sinica: 9 grams;  
Platycodon grandiflorum: 12 grams;  
Poria cocos: 12 grams;  
Star anise seeds (preferably ripe): 9 grams;  
Chinese yam: 12 grams;  
Glycyrrhiza uralensis: 4 grams.

Note: Star anise seeds refer to the seeds of star anise after removing the shells, excluding the shells themselves.

### 【Preparation and Administration】

Be sure to place the medicinal materials in the decoction pot according to the marked positions in the diagram. Decoct one dose twice, then mix the two batches of liquid and take it in two divided doses. Details are as follows:

- First decoction: Add 3.5 bowls of clear water. Bring to a boil over high heat, then switch to low heat and decoct until only half a bowl of medicinal liquid remains in the pot. Pour out the liquid.

- Second decoction: Add 2 bowls of clear water. Bring to a boil over high heat, then switch to low heat and decoct until only half a bowl of medicinal liquid remains in the pot. Pour out the liquid.

Mix the two batches of decocted liquid thoroughly. Adults take it in two divided doses, children in three divided doses. Infants are fed 3 – 4 spoons each time, three times a day.

If decocting for multiple people at once, multiply the dosage of each medicinal material in the formula by the number of people. Meanwhile, increase the amount of clear water added during decoction and the final medicinal liquid by the same multiple; other steps remain unchanged.

Seven doses for seven days constitute one treatment course.