

COVID-19 White Lung Treatment Formula

【Prescription】

Eupatorium chinense: 12 grams,
Fritillaria: 12 grams,
Anemarrhena asphodeloides: 12 grams,
Ephedra sinica: 9 grams,
Glycyrrhiza uralensis: 9 grams,
Star anise seeds: 9 grams,
Notopterygium incisum: 9 grams,
Chinese yam: 12 grams,
Angelica sinensis: 9 grams,
Poria cum Radix Pini: 12 grams



The Herbal Order

【Indications】

For COVID-19 infection and associated symptoms such as high fever, persistent cough, white lung, etc.

【Preparation and Administration】

This is the dosage for one person, one dose per day, with a treatment course of 7 – 10 days. Place the medicinal materials in the decoction pot in the order shown in the diagram and decoct twice consecutively.

- First decoction: Add 3 bowls of clear water. Bring to a boil over high heat until steam escapes from the pot lid, then switch to low heat and decoct until only 1 bowl of medicinal liquid remains in the pot. Pour out the liquid.

- Second decoction: Add 2 bowls of clear water. Bring to a boil over high heat until steam escapes from the pot lid, then switch to low heat and decoct until only half a bowl of medicinal liquid remains in the pot. Pour out the liquid.

Mix the two batches of decocted liquid thoroughly and take it in two divided doses a day. Children may take the dose in multiple smaller portions. For infant patients, breastfeeding can be given half an hour after the mother takes the medicinal liquid.