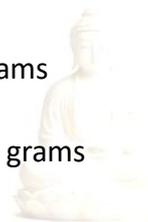


COVID-19 Related Prescriptions (Corona-virus infections)

【Prescription】

- ① Fig root: 12 grams
- ② Platycodon grandiflorum: 12 grams
- ③ Hawthorn with seeds: 9 grams
- ④ Anemarrhena asphodeloides: 9 grams
- ⑤ Fritillaria: 9 grams
- ⑥ Black sesame: 12 grams
- ⑦ Star anise seeds: 9 grams



The Herbal Order

【Indications】

For the currently prevalent coronavirus infection and associated symptoms such as fever, cough, general soreness and pain, fatigue, spleen-stomach weakness, etc.

【Preparation and Administration】

This is the dosage for one person, one dose per day, with a treatment course of 7 – 10 days. Place the medicinal materials in the decoction pot in the order shown in the diagram and decoct twice consecutively.

- First decoction: Add 3 bowls of clear water. Bring to a boil over high heat until steam escapes from the pot lid, then switch to low heat and decoct until only 1 bowl of medicinal liquid remains in the pot. Pour out the liquid.

- Second decoction: Add 2 bowls of clear water. Bring to a boil over high heat until steam escapes from the pot lid, then switch to low heat and decoct until only half a bowl of medicinal liquid remains in the pot. Pour out the liquid.

Mix the two batches of decocted liquid thoroughly and take it in two divided doses a day. Children may take the dose in multiple smaller portions. For infant patients, breastfeeding can be given half an hour after the mother takes the medicinal liquid.